

Subject: Cambridge National Sport Studies

Exam board: OCR

You need to KNOW:

Learning Outcome 1- Understand the issues which affect participation in sport.

- The different user groups that take part in sport (e.g: ethnic minorities, over 50s/retired, single parents, children, teenagers, disabled, unemployed etc).
- The possible barriers that affect participation in sport (e.g: employment/time, work restrictions, disposable income, lack of role models etc).
- The solutions that can reduce/remove barriers to participation (e.g: provision, promotion, access).
- The factor that impact popularity (e.g: spectatorship, media coverage, environment etc).
- Trends in popularity and growth of new emerging sports.

Learning Outcome 2- Know about the role of sport in promoting values.

- Values that can be promoted through sport (e.g: team spirit, fair play, citizenship etc).
- The Olympic creed, symbol and values (e.g: respect, excellence, courage etc).
- Initiatives that promote values through sport (e.g: Kick it Out, This Girl Can, Sport Relief etc).
- Sporting etiquette (sportsmanship, gamesmanship, spectator behaviour).
- PEDs (Why do they get used? Why shouldn't they be used? Impact they have on the sport's reputation)
- The role of WADA (whereabouts rule, testing methods, sanctions- examples of athletes that have committed offences).

Learning Outcome 3- Understand the importance of hosting Major Sporting Events

- Features of MSEs (e.g: regularity, international element, investment).
- Benefits of hosting MSEs.
- Drawbacks of hosting MSEs.
- Legacy of hosting MSEs (what is left behind?)

Learning Outcome 4- Know about the role of National Governing Bodies in Sport

- What do NGBs do? (Promotion, Development, Infrastructure, Policies and Initiatives, Funding, Support).

How to revise KNOWLEDGE in this subject:

- Mind Maps for different areas such as recalling different user groups, values promoted through sport, Olympic values etc.
- Use of flashcards for key terms and definitions (e.g: write a key term on one side and then define it on the other). These can be great for recalling knowledge too!
- Completion of shorter exam questions that can be found on lesson slides through TEAMS and will be given out as revision resources during lessons in due course. Following this up with self-marking using mark schemes that will also be given.
- Revisit Quizizz and the low-stakes quizzes that are available through there.
- **Attend the timetabled Revision Sessions that will run from November 28th.**

How to practise the SKILLS required to be successful in this subject:

- Complete as many exam questions/past paper questions as possible. The more of these you complete the better chance you give yourself of seeing familiar questions on exam day!
- Use of online revision materials set through TEAMS and class homework.
- **Attend the timetabled Revision Sessions that will run from November 28th.**

Key websites/Online Platforms Recommended:

- **Youtube:** Type in the Learning Outcome and several great video resources are available.
- **Quizizz:** More information will be provided on this to pupils in lessons going forward.